

Banyan School

12 Hollywood Avenue – Fairfield, NJ 07004

banyanschool.com



Upcoming Events

Event:	For:	Date:	Time:
Fairfield Farms	All	October 18	11:45
Trunk or Treat	All	October 31	1:00
Early Dismissals	Students	November 4,5,6	12:30
Parent/Teacher Conferences	Parents	November 4,5,6	
No School	All	November 7 & 8	

SOCIAL SKILLS NEWS

Our strategy of the month is the **Zones of Regulation!**

As we know, our students can struggle with abstract concepts. It is our job to create more concrete concepts for them to understand the social world around them. One of the most abstract concepts is feelings!

It is hard for anyone to identify their feelings in the moment. Often we have mixed feelings, making it hard to choose one. Feelings have different energy levels associated with them, which makes them confusing as well.

The Zones of Regulation color code feelings based on their energy levels. The green zone is when we are happy, calm, or focused. Yellow zone is where our anxiety can be. This also includes frustration, silly and excitement. The red zone is our out of control feelings such as anger, panic, or elation. The blue zone is our low energy feelings such as sad, tired, bored or sick.

Students can assess and express themselves more easily with this tool. When they identify and have awareness of their feelings, they can try strategies to get back to the "green zone" and regulate themselves. Realistically, we cannot always be in the green zone! We want to make

Please be sure to return your child's permission slip for Fairfield Farms on Friday!

Forms are being sent home in the mail with regards to Parent/Teacher Conferences.

Please fill it out and return to school as soon as possible as the times and dates fill up quickly.

Parents, please remember that the weather may turn cold for Friday's outing. Please be sure your child dresses appropriately for being outdoors.

sure students understand the other zones are *ok* to be in. However, if we are in yellow, red or blue, we might do *unexpected* things. That is why we are always trying to get back to green. That is why we want to motivate our students when they use strategies to get back to the green zone. We do not want to reinforce them for staying in green, because sometimes we do get a little sad, a little angry or a little worried. And that is ok!

The Zones are a great tool for home. There is more information on them on the Social Thinking website. We always recommend using this vocabulary with our students to carry the teaching at home. I often announce I am in the yellow zone after the traffic on Route 46.

If you have any questions, please feel free to contact myself or Ms. Miranda!

Dr. Rick

MS. MITOFSKY'S CLASS NEWS

In my reading class we are making our way through "The Sign of the Beaver". We are learning new vocabulary words, making great predictions, and summarizing each chapter. The class seems to really be enjoying this story! In my FIRST class we are reviewing and making great progress and have almost completed step 3. In my period 4 TMC class we have finished "I Survived the Shark Attacks of 1916" by Lauren Tarshis and will soon begin another book from the series. The "I Survived" books are great for visualizing and the students are so involved in reading and applying the structure words. In my period 7 TMC class, we are applying the structure words as we read poems about fall; the class is learning new vocabulary words and finding synonyms and antonyms for the words. The class does a great job of illustrating what they are picturing. We have also started working with main idea and being able to identify main idea in poems and short stories. In my period 8 reading class, we are moving along in our book "The Candy Corn Contest". We are making great predictions and summarizing the chapters as we read. In my period 9 math we are working with multiplication. We are learning our times tables facts and applying them to problem solving. Fridays are devoted to working on improving our skills with time and money. Our next Saturday school will be held on November 2!

MR. HAIN'S CLASS NEWS

Mr. Hain's third period reading class is continuing to read the novel *Frindle*. Each chapter has been read aloud in class and after each chapter students answer follow up comprehension questions, write a chapter summary, make a story prediction, and define at least one vocabulary word in their binders. As the class continues reading the novel we will also begin to incorporate other story activities addressing student connections and comprehension to the story. I look forward to continue working with this class throughout the school year.

MRS. MARTIN AND MR. CAMP'S CLASS NEWS

In Mrs. Martin and Mr. Camp's Writing class, our students have completed their Student Council Campaign speeches. They did a great job coming up with unique ideas for Clubs, Field Trips, Spirit Week, and Fundraisers. They will begin to practice their speeches for the upcoming Student Council Election.

In Social Studies, we have begun to learn about New Jersey. We have been discussing some of the major attractions in our state and will start to learn about all of the different state symbols (state motto, state bird, state tree, etc.). The students have been working very hard in all of the classes! Keep up the great work!



MS. MEGNA'S CLASS NEWS

Fall is finally here. The beginning of the year has truly been a fun time and it's so great to be in a routine. In my 1st period reading class we have started reading the Geodes Series 2, we are reading about leaves, cranberry crop, and born to fly. They are enjoying reading about cranberries and leaves with each other, also watching videos on how they harvest and make products from these things. We have been reading, reading, reading, showing our skills and really making an effort to show fluency. In the 2nd and 3rd and also my 7th and 8th period Wilson or FIRST classes we are beginning on Step 3 which will include prefixes, suffixes -ing and -ed, multisyllabic words, compound words, the blend -ct, base words, schwa, and so much more. In my 4th period reading class we are continuing to read the Geodes series and are currently reading about paper and books. We are excited to learn about how paper is made, where braille comes from and what a printing press is. In my 5th period Writing class we are beginning to work on our campaign speeches and making great contributions to the school. We have been working so hard and I can't wait to see where the year takes us and how much these kids learn.



MS. KRUSULIC'S CLASS NEWS

Wow, I cannot believe we are back to school for almost two months already. All of my students are getting back into the swing of school and they are moving along nicely. In reading, we are continuing to read The World According to Humphrey by Betty Birney. The students are enjoying seeing the mischief Humphrey gets into each day. Personal narratives are being worked on in Writing class. Each day I enjoy reading all of the stories that my students are writing. My FIRST classes are progressing nicely through the curriculum. In periods 4 and 5, we are beginning step 1.5 in Wilson. The students will begin to learn about the welded sounds "am" and "an". In periods 7 and 8 we are beginning step 1.4 in Wilson. The students will begin to learn about the bonus letters (f, l, and s). We continue to work on our money and time skills in Math. They remind during the day what time it is and what task they should be doing. I am very happy how everyone is progressing.

GIRLS GROUP

Girls Group is proud to announce their first annual Candy Drive!!! Some of the girls were discussing how we can give back to the community... Since Halloween is coming up we thought it would be nice to donate our left over candy!

Please take part in this survey so that the girls can decide who will be the lucky recipients!!
Look out for more info next week regarding the Candy Drive!

CANDY DRIVE SURVEY:

Please circle one:

1. **Operation Gratitude – sends care packages to US troops stationed overseas**
2. **Ronald McDonald House – helps keep sick children and their parents together during their treatment.**
3. **Homeless Selter**
4. _____ **fill in your idea.**

Please return your survey to Ms. Gross in the Speech Suite

