

Banyan School

12 Hollywood Avenue – Fairfield, NJ 07004
banyanschool.com



Upcoming Events

Event:	For:	Date:	Time:
Daylight Savings	All	March 8	
Fashion Show Try on Day	Participants	March 16	
Early Dismissal	All	March 20	12:30

MRS. RALLO'S CLASS NEWS

READING – I spent some time introducing the students to books written by Dan Gutman the author whose webinar we watched last week. I read a chapter from his My Weird School Series which most students enjoyed. I downloaded one of the books to my students' Learning Ally bookshelf. Dan Gutman's other books can always be added. We are getting ready to Drop Everything and Read, so thank you for sending in books!

WRITING – In addition to completing a short research paper on anteaters, Period 2 writing class is learning to use adjectives to expand sentences. This week they will watch an educational video, complete a hands-on activity, and practice "expanding". Period 3 writing class is reviewing comma rules and conjunctions. They will also be learning how to recognize and fix run-on sentences.

VOCABULARY – Our new Word of the Week is "equivalent". The students did really well on the review of all words learned since beginning the program. Using vocabulary words in sentences is a difficult skill for most students. At this time, students are being encouraged to focus on the part of speech before typing sentences. This way, they are thinking about whether the word should be used as a verb, noun, an adjective, etc.

Parents:

Please remember to return permission slips for Willowbrook Mall and your Pizza orders!

Regardless if your child is modeling or not, we still need a signed permission slip to go to the mall for lunch



HEALTH AND PHYS ED CLASS NEWS

In Health Class, we prepared for our Jump Rope for Heart day by tracking our heart rate before and after exercise. Nurse Boysen was kind enough to measure our heart beats per minute to begin the class. Then we ran for a few minutes in the gym and then had Nurse Boysen measure our heart rate a second time after exercise.

We came across some interesting results. Every single student who pushed themselves to a point where they were out of breath saw their heart rates go up at least 20 percent, some 40 percent, and some even higher. Students were taught that if they reach this state and hold it for at least 20 minutes per day, their hearts will become stronger. That, combined with a healthy diet, will result in them likely living a longer and healthier life.

Lori Wehmeyer of the American Heart Association is scheduled to address the students on March 11. The Jump Rope for Heart will be held in the gym on March 18.

BASKETBALL NEWS

Kudos to the Banyan basketball team for a successful season. The team finished with six victories, which is more than the Bulldogs have had in many years. The players not only learned the rules of the game and how to compete, they also learned how to win, how to lose, and how to exhibit good sportsmanship.

In addition, Banyan finished its inaugural intramural season. Players who have never played much competitively were given the opportunity to play at a slower pace and learn the game in a more relaxed environment. Some children improved to the point to where they graduated to play in the Varsity team's halftime game. Those players were Taylor, Matthew G., Charlie, and Derik. Great job, guys!

Mr. Hoffman

CHEERLEADING NEWS

Congratulations to all of our cheerleaders on a fantastic season!!

Please remember to wash uniforms and return to Ms. Gross by Friday, March 6.

Keep practicing those cheers and GO BANYAN!!!